

## Service Description – First Aid Learning Programme (FALP)

---

**The First Aid Learning Programme (FALP) is set by the College of Policing and was approved by the National Police Chiefs Council (NPCC) lead for first aid.**

FALP consists of five modules. The training standards for each module provide the content required for specific roles within a policing context. The aim is to help learners develop knowledge, attitude and behaviours necessary in carrying out their role, in order to provide an appropriate response to first aid needs in their areas of operation.

Trauma Resus is one of the few providers with inhouse expertise of experienced police officers alongside pre-hospital care specialists.

A range of delivery models are available, including blended learning with E-Learning, and Cascade / “Train the Trainer”.

---

### INCLUDED WITHIN ALL COURSES

- Haemorrhage control and AED usage
- Celox Academy Certification for Bleeding Control



### MODULE 1 : Basic Life Support

This module is designed for police personnel requiring knowledge of basic first aid principles and procedures.

Learners will develop the knowledge and practical competencies needed to deal with a range of first aid situations and safely use an Automated External Defibrillator (AED). Topics covered include :-

- Managing an unresponsive casualty
- CPR - Using an AED on both adults and children,
- Combining AED use with CPR
- And more.

Recommended training time: 2 hours

Refresher: Annually.



**MODULE 2 : First Aid Skills Police**

This module is designed for police officers and operational support staff who have direct contact with the public. The learning addresses a range of medical situations that personnel may be expected to deal with. This module includes the learning outcomes addressed in Module 1 Basic Life Support, and is the equivalent of the HSE's Emergency First Aider at Work.

Recommended training time: 9 hours

Refresher: Annually.

**MODULE 3 : First Aid Skills Custody**

This module is designed for police officers such as, custody sergeants, detention officers and other personnel who are responsible for the care of detainees, as determined by the force.

This module supplements Module 2, and learning addresses a range of medical situations that personnel working in a custody environment are more likely to encounter.

Recommended training time: 2 hours (in addition to Module 2)

Refresher: Annually.

**MODULE 4 : First Aid at Work Police (HSE FAW) - initial and Requalification**

This module is designed for officers or police staff working in medium to high-risk areas where the operational plan requires a higher level of first aid than the emergency first aider can provide. It focuses on the level of first aid identified by the HSE as the acceptable level for medium to high-risk work environments and operational duties.

The learning addresses a wide range of medical situations that personnel may be expected to deal with. It addresses the same content as Module 2, and further develops this by adding more complex medical and trauma skills.

Recommended training time: 18 hours

Refresher: Annually.

**MODULE 5 : Enhanced First Aid Skills**

This module is designed for specific roles such as firearms and public order police personnel who are non-healthcare professionals working in high-risk environments. This learning supplements the basic foundation first aid skills.

This module offers an array of enhanced first aid skills as advised by the National First Aid Forum as suitable for police personnel who are non-healthcare professionals. The Faculty of Pre-Hospital Care, Royal College of Surgeons Edinburgh has defined the content of this module as achievable and legally appropriate for the police service.

This learning has been designed in addition to basic foundation first aid skills, appropriate to role requirements (Modules 1 Basic Life Support, 2 First Aid Skills Police / Emergency First Aider at Work, or 4 First Aid at Work Police), and should not be taught in isolation. Annual refresher training is required.

Recommended training time: 18 hours

Refresher: Annually.

