

Datasheet – Maintenance Of Skills (MOS) Programme

The aim of the programme is to ensure that enhanced first aid providers maintain their knowledge, skills, competence and confidence following their initial training.

Trained providers should undertake the following :

1. Complete a series of relevant eLearning modules
2. Attend a minimum of 2½ hours of face-to-face practical training sessions per month, delivered by an 'in-house' trained MOS course trainer
3. Month 1 should commence as soon as practicable after the end of the initial course
4. MOS training may be combined into a ½ day or full day programme, but must be completed on a quarterly basis.

Quarterly Quality Assurance (QA) visit

This is in addition to the above, and will include a 'drop-down scenario' exercise, which will be used to measure the effectiveness of the MOS programme, and to shape future training plans.

SESSIONS

MOS training sessions should be run using the **Skill Station Lesson Plans (LPs)** and the initial **Course Moulages**, as per the programme below. It will be noted that some are repeated a number of times during any year.

Month	eLearning modules	Practical skill stations (60mins)	Algorithm (30 mins)	Scenario (60mins)
1	Introduction & Kinematics	Airway (LP 1) Breathing (LP 2)	The Algorithm & Handover (LP 12)	Moulage practice 7,8
2	Airway & Ventilation	Spinal / Packaging & Evac (LP 3)	Cardiac Arrest & Documentation (LP 13)	Moulage practice 1,2
3	Breathing & Chest Injuries	BLS, AED & Choking (LP 4)	The Algorithm & Handover (LP 12)	Moulage Practice 3,4
4	Circulation & Shock	Extremity Trauma (LP 5) Paediatrics (LP 6)	Choking Algorithm (LP 14)	Moulage Practice 5,6
5	Disability & Head Injuries	Cat Bleeding (LP 7) Medical Emergencies (LP 8)	The Algorithm & Handover (LP 12)	Moulage Practice 7,8
6	Spinal trauma and Extremity Trauma	Kinematics & Circulation (LP 9)	Cardiac Arrest & Documentation SS	Moulage Practice 9,10
7	Burns & Suspension & Crush	Burns (LP 10) BLS, AED & Choking (LP 4)	The Algorithm & Handover (LP 12)	Moulage Practice 1,2

8	Heat Related Conditions & Special Circumstances	Airway (LP 1) Breathing (LP 2)	The Algorithm & Handover (LP 12)	Moulage Practice 3,4
9	Secondary Survey & Medical Emergencies	Cat Bleeding (LP 7) Disability (LP 11)	Choking Algorithm (LP 14)	Moulage Practice 5,6
10	Packaging, Evacuation and Handover & Triage	BLS, AED & Choking (LP 4)	The Algorithm & Handover (LP 12)	Moulage Practice 7,8
11	Medical Gases & Analgesia	Extremity Trauma (LP 5) Paediatrics (LP 6)	The Algorithm, Handover and Documentation (LP15)	Equipment check and internal audit
12	Resuscitation and Basic Life Support	Spinal / Packaging & Evac (LP 3)	Cardiac Arrest & Documentation (LP 13)	Moulage Practice 9,10

NOTES

Employers themselves are responsible for establishing that their staff have the capabilities requisite to their setting, essential in the interests of patient health and safety. The holding by an individual of a Certificate of Qualification from Trauma Resus does not reduce their responsibility in that aspect.

*The award of the such a certificate indicates that a trained provider has successfully completed their initial training course and completed the assessments but **does not** constitute a licence to practise, without the associated **Clinical Governance**.*