

## Datasheet – First Aid At Work

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**First Aid at Work has been defined by the Health and Safety Executive as the provision of ‘the immediate care and assistance given to a person who is injured or is suddenly taken ill’.**

This course equips you, the appointed person, to deal with life-threatening and urgent injuries and medical conditions.

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As with all our courses, the emphasis is on the development and honing of the skills needed to save life and improve patient outcomes. Delivery is by trainers with exceptional medical backgrounds and experience, so they really do know their subject. We can add any other subject required by you, so that the course is tailored to suit you and your environment, workplace or leisure activity.

This course is equivalent to PHEM (Pre-Hospital Emergency Medicine) Level B, as defined by the Faculty of Pre-Hospital Care for providers.

### **COURSE SYLLABUS INCLUDES**

- Primary Survey
- DRSABC
- Secondary Survey
- Recovery position
- Choking
- Anaphylaxis
- Asthma
- CPR
- Bleeding
- Slings & dressings
- Internal bleeding
- Chest injuries
- Crush injuries
- Diabetes
- Head injuries
- Strokes
- Poisons
- Seizures
- Burns
- Fractures
- Eye injuries
- Legislation
- First aid kits
- Record keeping

### **QUALIFICATION VALID FOR**

- 3 Years

### **WHEN IT EXPIRES, YOU MAY WISH TO CONSIDER**

- First Aid at Work Refresher - An optional annual refresher course to keep you up to speed.
- First Aid at Work Requalification - Compulsory to keep your qualification valid after three years.